

Baby gear checklist

HealthHub: “You do not need to prepare a lot of things.” Circle buy, borrow, have or skip for each item, write your own budget, and tick it when it is ready.

Due date _____ Budget in all, S\$ _____

Item	Buy, borrow, have or skip	Budget S\$	Ready
GETTING AROUND			
Rear-facing infant car seat Needed from the first ride home if baby travels in a car. Check the seat carries an approved standard.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Stroller For a young baby, one that reclines fully.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Baby carrier or sling Good support for the head and back; baby's face always visible.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
SLEEP			
Cot Placed away from window cords. A borrowed or old cot needs a new firm mattress.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Firm cot mattress and fitted sheets A firm, flat mattress with a well-fitted sheet.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Cot bumpers, pillows and soft toys in the cot OFFICIAL: LEAVE OUT HealthHub: "keep loose objects away including blankets, bumper pads, loose bedding, pillows and stuffed toys from your baby's sleeping area."	☐ Skip Leave out	Not needed	
Baby hammock or sarong cradle (yao lan) OFFICIAL: LEAVE OUT HealthHub: "Baby hammocks, sarongs or 'yao lans' are not safe for babies to sleep unsupervised, especially when babies are able to roll."	☐ Skip Leave out	Not needed	
Small lamp or night light On HealthHub's list of things to prepare.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
BATH AND CHANGING			
Baby bath tub or wash basin Keep the water shallow and check it with your elbow.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Towels A few soft towels.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Baby wash, nappy wipes and nappy rash cream On HealthHub's list of things to prepare.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Newborn nappies A few packs only: babies outgrow the newborn size quickly.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Changing pad HealthHub calls it more practical than a changing table.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		

Baby gear checklist, continued

Item	Buy, borrow, have or skip	Budget S\$	Ready
CLOTHES			
Baby clothes Just enough for each growth spurt.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Mittens, booties and a cap For the hospital bag and the first weeks.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Cupboard or chest of drawers Fix it to the wall before baby can climb.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
FEEDING			
What your feeding plan needs Ask the hospital's nurses what you need for the way you plan to feed.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Burp cloths Several, for feeds and spills.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
High chair with a harness For when baby starts solids. Use the harness every time.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
HEALTH AND HOME SAFETY			
Digital thermometer Write each reading down for the doctor.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
First-aid kit Keep it out of reach, with medicines in their labelled packs.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Playpen HealthHub suggests one instead of a baby walker.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Baby walker OFFICIAL: LEAVE OUT HealthHub: "Do not use a baby walker as it topples over easily and allows your baby to get to dangerous places quickly."	☐ Skip Leave out	Not needed	
Socket covers and corner guards For when baby starts to crawl.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		
Safety gate for stairs Only if your home has stairs.	☐ Buy ☐ Borrow ☐ Have ☐ Skip		

We publish no gear prices: the budget is your own. Items tagged "Official: leave out" are ones HealthHub says not to use.

The rules that apply to baby gear

What the Police, HealthHub and the Consumer Product Safety Office say, in their own words.

Car seat

- Police: "In Singapore, all drivers are required to properly secure a child below the height of 1.35m and travelling in a motor vehicle, with an approved child restraint." "Failing to do so is an offence."
- HealthHub: "Newborn babies should use a rear-facing infant car seat (baby faces the back of the vehicle) which is well-padded."
- HealthHub: "If your front passenger seat is fixed with an air bag, do not use a rear-facing baby seat there."
- LTA: "Taxis are exempt from the child seat rule because taxis can be street-hailed."
- The Police say to check the seat for a sticker showing an approved standard.

Safe sleep and the cot

- HealthHub: "Place your baby in a supine position (wholly on the back) for every sleep, including naps, until your baby turns one."
- HealthHub: "Your baby should sleep on a firm mattress covered by a well-fitted sheet."
- HealthHub: "If you are recycling a borrowed or old cot, make sure you get a new firm mattress."
- CPSO: "Slats should be secure and spaced no more than 4.5 to 6 cm apart."
- CPSO: "Never place a cot near a window with blinds, curtain cords, baby monitor cords"

Stroller, sling and bath

- CPSO: "Some strollers are not suitable for newborns who cannot hold up their heads."
- CPSO: "Ensure that you can see your baby's face at all times."
- CPSO: "Never leave your baby alone in the sling."
- HealthHub: "Check the temperature of the water with your elbow before bathing the baby."
- HealthHub: "Never leave him unattended in the bath tub and on the changing table."

Borrowed or second-hand gear

- CPSO says children's products do not need the SAFETY Mark: "General consumer goods under the CGSR do not require pre-market approval by the authority."
- CPSO does not cover "used or second-hand general consumer goods", or children's car seats (the Traffic Police do).
- Check CPSO's children's products recall page before you buy or borrow. CPSO: "Stop using any flagged products immediately and check this page regularly for updates."
- HealthHub: "Do not use a baby walker as it topples over easily and allows your baby to get to dangerous places quickly."

Sources, all checked 12 October 2026: Singapore Police Force, Review of standards for child restraints (news release, 13 June 2025); HealthHub (HPB), Parent Hub: baby sleep (no date stated); Consumer Product Safety Office, Safety tips on baby cots (page last updated 19 May 2026); Consumer Product Safety Office, Safety tips on strollers (page last updated 23 June 2026); Consumer Product Safety Office, Safety tips on baby slings (page last updated 8 May 2026); HealthHub (HPB), Care of your newborn (article last reviewed 15 November 2022); HealthHub (HPB), Safe home for your baby (article last reviewed 15 November 2022); Consumer Product Safety Office, Choose safer consumer goods (page last updated 19 May 2026); HealthHub (HPB), Gearing up for birth (article last reviewed 15 November 2022); LTA media reply (18 December 2024). Use it with: raisingangels.sg/tools/baby-gear-checklist/