

First 42 days newborn calendar

Get through the first six weeks with nothing missed: the birth registered, the Baby Bonus and CDA set up, and every early check for baby and mum on one page. Write your baby's real dates beside each row.

Day 1 (date of birth) _____ Day 42 _____ Hospital _____

Not yet reviewed by a clinician. We're arranging a clinical review; until then, check anything about your child's health with your doctor or the Child Health Booklet. The health rows show typical timings only. Always keep the appointments your hospital or doctor gives you.

1 In hospital, days 1 to 3

- ☐ **Day 1** BCG and Hepatitis B dose 1 **NATIONAL SCHEDULE**
Both are given at birth on the National Childhood Immunisation Schedule. Ask for them to be written in the Child Health Booklet. Date _____
- ☐ **Before discharge** Newborn hearing screen and the discharge papers
Keep the birth details and the follow-up appointment slip together. You need the details to register the birth. Date _____

2 Week 1

- ☐ **Days 3 to 5** Jaundice review for baby
Hospitals commonly see newborns between 3 and 5 days old, when jaundice usually peaks. Go to the review your hospital books, even if baby seems fine. Date _____
- ☐ **Week 1** Register the birth on LifeSG **OFFICIAL**
The law gives you 42 days. One parent applies on the LifeSG app or website and the other confirms. S\$18 per child. LifeSG asks for a credit or debit card; ICA's page also lists PayNow. ICA then issues a digital birth certificate. Date _____
- ☐ **Same flow** Enrol for the Baby Bonus **OFFICIAL**
For Singapore citizens born before 1 April 2027 it is part of birth registration: pick POSB/DBS, OCBC or UOB, a parent's bank account and the CDA trustee. Born from 1 April 2027? You enrol for the SG Child Support Package in the same place. Date _____

3 Weeks 2 to 4

- ☐ **Week 2** Open the CDA in your chosen bank's app **OFFICIAL**
Open it after enrolment. The First Step Grant arrives on its own within 2 weeks of opening. Date _____
- ☐ **Week 2** Download the digital birth certificate **OFFICIAL**
ICA notifies you. Download it from ICA's e-Service within 90 days and save copies. Date _____
- ☐ **Week 2** Well-baby check, if your clinic books one
Weight, feeding and how baby is doing. Bring the Child Health Booklet. Date _____
- ☐ **About day 28** End of the traditional confinement month
A family custom, not a rule. Plan the handover if a confinement nanny is leaving. Date _____

4 Weeks 4 to 6

- ☐ **Weeks 4 to 6** Mum's postnatal check
Commonly 4 to 6 weeks after delivery: healing, how you are coping, and contraception if you want to talk about it. Date _____
- ☐ **Week 6** Book the 2-month vaccinations **NATIONAL SCHEDULE**
The 6-in-1 vaccine, which includes Hepatitis B dose 2, is due at 2 months. Date _____
- ☐ **Day 42** Last day to register the birth **OFFICIAL**
Late registration is an offence under the Registration of Births and Deaths Act. Already done? Tick and rest. Date _____

Our six weeks at a glance

Write the date in each box (Week 1, Day 1 is the birthday; Week 2, Day 1 is day 8), then the appointments and to-dos. One look at the fridge tells everyone what is next.

Week	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Week 6							

1 Appointments we were given

Appointment	Date and time	Where	Phone
Baby's jaundice review			
Baby's next check			
Mum's postnatal check			
2-month vaccinations			

2 Before the six weeks started

Used the Confinement countdown checklist before the birth? This calendar picks up where its After Baby Arrives list stops and adds the health checks for baby and mum. Both are free at raisingangels.sg/downloads.

3 Questions to ask at the next check

Official steps are marked Official; vaccines are marked National Schedule. Everything else is a typical timing, not a rule. This calendar does not diagnose. If you are worried about your baby or yourself, call your doctor or the hospital. For an emergency, call 995.

Sources: LifeSG, Register your child's birth, life.gov.sg/services-tools/birth-registration; ICA, Register Birth and Download Digital Birth Certificate, ica.gov.sg/documents/birth/birth_registration; LifeSG, Baby Bonus Scheme, life.gov.sg/family-parenting/benefits-support/baby-bonus-scheme; LifeSG, Baby Bonus Child Development Account (CDA), life.gov.sg/family-parenting/benefits-support/baby-bonus-scheme/cda; LifeSG, SG Child Support Package, life.gov.sg/family-parenting/benefits-support/sg-child-support-package; Communicable Diseases Agency, Vaccinations, cda.gov.sg/public/vaccinations; KK Women's and Children's Hospital, Neonatal Jaundice, kkh.com.sg/symptoms-treatments/neonatal-jaundice; National University Hospital, First Month Concerns, nuh.com.sg/health-resources/diseases-and-conditions/first-month-concerns; HealthHub (Health Promotion Board), Baby's here! What's next?, healthhub.sg/well-being-and-lifestyle/pregnancy-and-infant-health/baby-babys-here-whats-next. All checked 10 October 2026.