

Hospital bag and admission list

Walk into the delivery suite with every document the admissions desk asks for, and come home with what you need to register the birth. Tick each line as it goes into the folder or the bag.

Due date _____ Hospital _____ Bag packed on _____

1 Documents for admission

The lists below are what Singapore hospitals publish today. Each hospital asks for slightly different things, so check your own hospital's list or ask at your antenatal visit.

- ☐ Your NRIC or passport, the original
NUH, SGH and Raffles Hospital list it. Raffles Hospital asks for your spouse's too, so bring both.

- ☐ Employment Pass, S Pass or Work Permit, if you hold one
SGH lists these for patients who hold a work pass.

- ☐ Your doctor's admission letter or the hospital's admission forms
Raffles Hospital and Mount Alvernia Hospital ask for the admission letter from your clinic. Public hospitals give you their own forms.

- ☐ NRIC of each MediSave account holder paying the bill
SGH and Raffles Hospital ask for it, and SGH has a MediSave authorisation form for you to sign. Tell the admissions staff you will use MediSave.

- ☐ Letter of guarantee or insurance card, if your employer or insurer pays
Listed by NUH, SGH and Mount Alvernia Hospital.

- ☐ Receipts for pre-delivery medical bills, if you will claim them from MediSave
Mount Alvernia Hospital asks for them at admission. Ask your hospital whether it does the same.

- ☐ A way to pay the deposit
Private hospitals such as Raffles Hospital and Mount Alvernia Hospital collect a deposit on admission. NUH collects it at a clinic visit after financial counselling at 28 to 32 weeks.

2 Before the day

- ☐ Pre-register with your hospital
NUH offers pre-registration from week 28 so you can go straight to the delivery suite. Mount Alvernia Hospital offers it online. Ask your hospital how it works there.

- ☐ Pack the bag a few weeks early
KKH suggests two weeks ahead; NUH says a few weeks. Leave it by the door with this list on top.

- ☐ Fit a rear-facing infant car seat
KKH asks parents to bring one even if you are going home by taxi or Grab.

3 For registering the birth later

You register on LifeSG within 42 days of the birth, so you do not need these at the delivery suite. Keep them together at home, ready for the day you apply.

- ☐ Both parents' identity details: NRIC, FIN or passport **OFFICIAL**

- ☐ Your marriage details, and the marriage certificate if applicable **OFFICIAL**
LifeSG asks for marriage details online and the certificate itself if you register in person at ICA. Documents not in English need an official translation.

- ☐ A credit or debit card, or PayNow, for the S\$18 fee **OFFICIAL**

- ☐ Your Baby Bonus choices: a parent's bank account and your CDA bank **OFFICIAL**
For eligible Singapore citizen babies, this is part of birth registration.

What to pack for our climate

Light, breathable clothes for the heat outside and a warm layer for cold, air-conditioned wards.
Many hospitals give you pyjamas and basic toiletries, so pack for comfort, not for every possibility.

For mum

☐ A cardigan or light jacket for the ward

☐ Front-opening nightwear or a loose top

☐ Two nursing bras

☐ Maternity pads and extra underwear

☐ Non-slip slippers

☐ Socks for the delivery suite

☐ Toothbrush, toiletries and towel

☐ Your usual medicines, in the labelled pack

☐ Phone, long charging cable

☐ Loose, light outfit to go home in

For baby

☐ Two cotton vests or onesies

☐ Two pairs of mittens

☐ Two pairs of booties or socks

☐ A cap

☐ Two light wrapping blankets

☐ A going-home outfit

☐ A few newborn diapers and wipes

☐ Rear-facing infant car seat, fitted

For the partner

☐ A change of clothes

☐ A light jacket for air-conditioned rooms

☐ Toiletries

☐ Phone and charger

☐ Snacks and a water bottle

☐ The document folder from page 1

☐ Bags for laundry going home

Leave at home

- Jewellery, valuables and large amounts of cash
- Your own electrical appliances: hospitals ask you not to plug them in
- Contact lenses on the day; bring your glasses

On the day

- KKH notes you may spend the first hours in the delivery suite; leave the big bag with your partner or family
- Keep the document folder in the partner's bag, not the suitcase

Our own extras

Your hospital's own list comes first. We list what hospitals publish; we do not compare or rank hospitals. For anything about your health or your baby's, ask your doctor or midwife.

Sources: KK Women's and Children's Hospital, What To Bring, khh.com.sg/ward-stay/preparing-for-admission/what-to-bring; National University Hospital, Obstetrics, nuh.com.sg/care-at-nuh/services/obstetrics-and-gynaecology/obstetrics; Singapore General Hospital, What to bring, sgh.com.sg/ward-stay/preparing-for-admission/what-to-bring; Raffles Hospital, Maternity Delivery at Raffles Hospital, rafflesmedicalgroup.com/services/specialist-centres/women/services/maternity-services/maternity-delivery-at-raffles-hospital; Mount Alvernia Hospital, Childbirth and delivery, mtalvernia.sg/maternity/delivery; LifeSG, Register your child's birth, life.gov.sg/services-tools/birth-registration; ICA, Register Birth and Download Digital Birth Certificate, ica.gov.sg/documents/birth/birth_registration. All checked 10 October 2026.