

P1 transition plan checklist

18 small things to practise together before Primary 1, from packing the bag to buying food at recess. In 2027, Primary 1 starts on Monday 4 January. Start with the tasks that suit the weeks you have left.

Weeks to P1 _____ Our three priorities _____

Tick one box each time you practise. The boxes are a suggested number of goes, not a test.

Morning routine

Wake up at school-day time

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For a week, wake at the time you will need on school days, then keep breakfast at the same time. Best from about 4 weeks before.

Put on the school uniform and shoes

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Lay out the uniform the night before; let your child dress and fasten shoes with as little help as they need. Best from about 3 weeks before.

Follow a picture morning chart

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Make a school-morning chart together and follow it on a few weekday mornings. Best from about 4 weeks before.

Belongings

Pack the school bag from a list

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Use a picture list: books, pencil case, water bottle, snack money. Your child packs, you check together. Best from about 3 weeks before.

Find their own labelled things

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Label bottle, pencil case and books, then play a quick game of spotting their own items among others. Best from about 2 weeks before.

Open bottle, lunch box and snack packets alone

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Practise with the actual bottle and containers they will bring to school. Best from about 6 weeks before.

Buying food at recess

Pay with coins and wait for change

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Give your child the recess budget in coins and let them pay at a hawker stall or shop while you watch. Best from about 8 weeks before.

Queue and order food themselves

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At a food court, let your child choose, queue and order, then carry the tray to a table. Best from about 8 weeks before.

Buy and finish a snack within a short break

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Set a gentle timer for a short break and see how much fits in; no pressure if it runs over. Best from about 4 weeks before.

Asking for help

Ask an adult for help

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Role-play asking a teacher for the toilet, for help with a lost item or when feeling unwell. Best from about 6 weeks before.

Use a public toilet independently

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Practise in malls and community centres: flushing, washing hands and finding the way back. Best from about 8 weeks before.

Know who picks them up and what to do if no one is there

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Agree a simple plan: stay at the meeting point and tell a teacher. Talk it through, then act it out. Best from about 3 weeks before.

Getting there, after school, feelings and friends

Getting to and from school

Do the school trip at school time

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Travel the real route at the real time, on foot, by bus or by school bus pick-up point. Best from about 4 weeks before.

Practise the school bus or pick-up point

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Visit the pick-up point and talk through what happens each day; meet the driver if you can. Best from about 2 weeks before.

After-school arrangements

Visit the after-school arrangement

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Visit the student care centre, or spend an afternoon with the grandparent or caregiver who will help after school. Best from about 6 weeks before.

Walk through the after-school plan

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Use the after-school routine chart: who meets them, snack, rest, homework, play. Best from about 2 weeks before.

Feelings and friends

Talk about feelings about starting P1

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Read a story about starting school and ask what they are looking forward to and what feels new. Best from about 6 weeks before.

Practise introducing themselves

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Role-play saying their name and asking another child to play. Best from about 4 weeks before.

Practised so far

Count the tasks you have practised at least once.

Tasks practised _____ of 18

If school has started

Use the same list for the first fortnight. Pick the two or three things that come up most and practise them at home.

Practising helps children feel familiar with new routines; every child settles at their own pace. This plan is not a readiness test. See MOE's Parent Kit for more ideas, and your school's own orientation information.

Sources: MOE, School Terms and Holidays for 2027 (Primary 1 starts Monday 4 January 2027), moe.gov.sg; MOE Parent Kit, moe.gov.sg/parentkit. Both checked 10 October 2026. Practice tasks are RaisingAngels.sg's own and match My P1 Transition Plan.