

My child is sick: where should we go?

Every line in quotation marks is the official page's own words. This sheet does not diagnose. If you are worried, see a doctor.

995

Only for life-threatening emergencies (SCDF). HealthHub: call 995 if

- "Your child's airway is obstructed, for example, choking or anaphylaxis (an extreme allergic reaction)."
- "Your child has stopped breathing or is struggling to breathe."
- "Your child's skin and lips are turning blue, purple, or gray, or he is unusually pale and clammy."
- "Your child is unresponsive or unconscious. He might be unusually limp, weak or lethargic, or have seizures."
- "Your child is seriously injured."

6262 6262

Not sure where to go? NurseFirst. SCDF: trained nurses "will advise callers on appropriate care options". MOH: advice "at no cost".

① Go to children's emergency

HealthHub: "Go to the Children's Emergency immediately if your child:"

- "Has a temperature of more than 41.0°C, or 38.0°C for those less than 3 months old"
- "Is difficult to awaken"
- "Seems confused or delirious"
- "Cries constantly and you cannot settle him or her"
- "Has difficulty breathing"
- "Is very lethargic"
- "Has a skin colour that appears pale or grey"
- "Has bruising spots"
- "Has a fit (seizure or convulsion)"
- "Is drinking less fluids and has significantly less urine output than usual"

② Fever in a young baby

- **Under 1 month (NUH):** "Please bring the child to the Children's Emergency for further evaluation."
- **Under 3 months (HealthHub):** "Babies under three months old will need immediate medical attention if they have fevers above 38 degrees Celsius."
- **1 to 3 months (NUH):** "Your child should also be brought to the paediatrician as soon as possible."

③ GP or polyclinic

KKH: a family or polyclinic doctor may treat a child who is "Alert, fairly active, able to interact with caregivers", "Feeding adequately or able to retain oral fluids" and has no emergency signs. "It is faster, cheaper and your child will still get the relevant treatment."

KKH Children's Emergency

Basement 1, Children's Tower, 100 Bukit Timah Road. 24 hours. General enquiries 6225 5554.

NUH Children's Emergency

5 Lower Kent Ridge Road, Main Building, Level 1. 24 hours. General enquiries 6908 2222.

Bring

The Child Health Booklet, your child's birth certificate or ID, the medicines your child takes, and milk or snacks for the wait.

Listed alphabetically, not ranked. SCDF's 1777 non-emergency ambulance line ends on 1 January 2027; go.gov.sg/pao lists private ambulance operators.

Our GP

GP phone

Clinic hours

Allergies

Booklet kept in

Sources, all checked 12 October 2026: SCDF, Emergency Medical Services (updated 1 July 2026); HealthHub, Should I take my child to the ER? and Fever in children (both reviewed 17 June 2026); NUH, Fever (children) (9 March 2026) and Children's Emergency (17 July 2026); KKH, Emergency and Clinics and centres (no date stated); MOH, NurseFirst release (30 May 2025); HealthHub, Child Health Booklet (December 2025). Links: raisingangels.sg/guides/my-child-is-sick-where-to-go/